St Jude's Parish - Lenten Countdown - 2025									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Sunday 2 nd March	3 rd March	4 th March	5 th March	6 th March	7 th March	8 th March			
Join your Parish for Sunday Mass. <u>Pray Together</u>	Talk at home about Lent. Chat about what would be good to do and about what would be good to stop doing.	Shrove Tuesday Enjoy Pancakes!	Ash Wednesday Receive the Cross of Ash on your Forehead.	What is the GOOD KIND DEED you are going to do today?	What is it that you are going to stop doing this Lent so that you have more time to do good?	Help someone do something today. Do it with a smile!			
9 th March	10 th March	11 th March	12 th March	13 th March	14 th March	15 th March			
First Sunday of Lent Join Your Parish for Sunday Mass <u>Pray Together</u>	Say a prayer before you leave home for School.	Decorate a small box or jar to put coins in to donate to charity.	Read a story from the Bible with an older member of your family.	Say a prayer <u>with</u> all the people in your home.	Get someone to help you bake something for someone special.	Bring what you have baked to that someone special.			
16 th March	17 th March	18 th March	19 th March	20 th March	21 st March	22 ^{na} March			
Second Sunday of Lent Join Your Parish for Sunday Mass Pray Together	St Patricks Day Come to Mass Pray Together Celebrate & Enjoy.	Wrap-up and go for a walk with your family.	Write a short letter or card to someone you love. Post it to them.	Say a special prayer to Jesus for people who are sick.	Say HELLO to someone in your class at school you do not usually talk to.	Smell a garden flower. Thank God for all growing things.			
23 rd March	24 th March	25 th March	26 th March	27 th March	28 th March	29 th March			
Third Sunday of Lent Join Your Parish for Sunday Mass Pray Together	Say a thank-you prayer to God with your family before dinner.	Surprise someone today with an act of kindness. Kindness Is free	Help at home by doing the dishes <u>or</u> sweeping the floor. Do it with a smile.	Make and write an Easter Card for someone you love. Post it later.	Say a prayer asking Gods forgiveness for a bad thing you said or did.	Be happy today and don't complain about anything! Be Happy!			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
30 th March	31 st March	1 st April	2 nd April	3 rd April	4 th April	5 th April			
Fourth Sunday of Lent	Clean up a mess or pick up rubbish WITHOUT BEING ASKED!	April Fools Day ENJOY Be Nice!	Say a prayer today for your Parish Priest and all the people of your Parish.	Open the family Bible and see what the first words of the First Book (Genesis) are about.	Help at home today by cleaning your room or helping to wash the dishes.	Make a phone call to someone you haven't seen or talked to for a long time.			
for Sunday Mass <u>Pray Together</u>		HA HA		Image: Constraint of the second secon					
6 th April	7 th April	8 th April	9 th April	10 th April	11 th April	12 th April			
Fifth Sunday of Lent Join Your Parish for Sunday Mass Pray Together	Say a prayer today for children in other countries who are poor and hungry.	Say Thank-You to your teacher today.	Join hands with your family at the dinner table and say a prayer of thanks to God for your meal Together.	With a smile Share something you have with someone else today.	Try a little 'fasting' today. Don't eat sweets or biscuits and put a little of your pocket money into the coin box or jar.	Bring your coin box or jar to a charity or church as a gift from you to those who have little.			
13 th April	14 th April	15 th April	16 th April	17 th April	18 th April	19 th April			
Palm Sunday Join Your Parish for Sunday Mass Pray Together	Post the Easter Card you made a few weeks ago.	Draw and colour in a picture of Jesus rising from the tomb.	Go for a walk with an adult family member Pop into the church to light a candle together.	Holy Thursday The Day Jesus gave us the Gift of the Mass Say a prayer of THANK YOU to Jesus.	Good Friday The Day Jesus died on the cross Join your Parish for the Children's 'Stations of the Cross.'	Holy Saturday The Day Jesus' body lay in the Tomb Say a prayer for someone you know who has died.			
Easter Sunday									
The Day Jesus Rose from the Dead A HUGE DAY to CELEBRATE Join Your Parish for Sunday Mass Pray Together Enjoy sharing an Easter Egg. HAPPY EASTER!									