



Parish - Lenten Countdown

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15th February</p> <p>Sunday</p> <p>Join your Parish for Sunday Mass. <u>Pray Together</u></p> 	<p>16th February</p> <p>Talk at home about Lent. Chat about what would be good to do and about what would be good to stop doing.</p>	<p>17th February</p> <p>Shrove Tuesday</p> <p>Enjoy Pancakes!</p> 	<p>18th February</p> <p>Ash Wednesday</p> <p>Receive the Cross of Ash on your Forehead.</p> 	<p>19th February</p> <p>What is the GOOD KIND DEED you are going to do today?</p>	<p>20th February</p> <p>What is it that you are going to stop doing this Lent so that you have more time to do good?</p>	<p>21st February</p> <p>Help someone do something today. Do it with a smile!</p> 
<p>22nd February</p> <p>First Sunday of Lent</p> <p>Join Your Parish for Sunday Mass <u>Pray Together</u></p> 	<p>23rd February</p> <p>Say a prayer before you leave home for School.</p> 	<p>24th February</p> <p>Decorate a small box or jar to put coins in to donate to charity.</p>	<p>25th February</p> <p>Read a story from the Bible with an older member of your family.</p> 	<p>26th February</p> <p>Say a prayer <u>with</u> all the people in your home.</p> 	<p>27th February</p> <p>Get someone to help you bake something for someone special.</p>	<p>28th February</p> <p>Bring what you have baked to that someone special.</p> 
<p>1st March</p> <p>Second Sunday of Lent</p> <p>Join Your Parish for Sunday Mass <u>Pray Together</u></p> 	<p>2nd March</p> <p>Be kind and help someone in school today.</p> 	<p>3rd March</p> <p>Wrap-up and go for a walk with your family.</p>	<p>4th March</p> <p>Write a short letter or card to someone you love. Post it to them.</p>	<p>5th March</p> <p>Say a special prayer to Jesus for people who are sick.</p> 	<p>6th March</p> <p>Say HELLO to someone in your class at school you do not usually talk to.</p>	<p>7th March</p> <p>Smell a garden flower. Thank God for all growing things.</p> 
<p>8th March</p> <p>Third Sunday of Lent</p> <p>Join Your Parish for Sunday Mass <u>Pray Together</u></p> 	<p>9th March</p> <p>Say a thank-you prayer to God with your family before dinner.</p>	<p>10th March</p> <p>Surprise someone today with an act of kindness.</p> <p>Kindness is free!</p>	<p>11th March</p> <p>Help at home by doing the dishes <u>or</u> sweeping the floor. Do it with a smile.</p>	<p>12th March</p> <p>Make and write an Easter Card for someone you love. Post it later.</p>	<p>13th March</p> <p>Say a prayer asking God's forgiveness for a bad thing you said or did.</p> 	<p>14th March</p> <p>Be happy today and don't complain about anything!</p> <p>Be Happy!</p>

