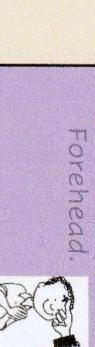
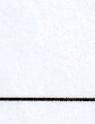
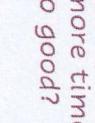
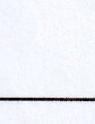
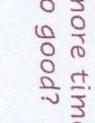
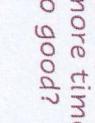
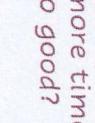


Parish - Lenten Countdown

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| 15 th February Sunday Join Your Parish for Sunday Mass. Pray Together  | 16 th February First Sunday of Lent Join Your Parish for Sunday Mass Pray Together  | 17 th February Shrove Tuesday Enjoy Pancakes!  | 18 th February Ash Wednesday Receive the Cross of Ash on your Forehead.  | 19 th February What is the GOOD KIND DEED you are going to do today?  | 20 th February What is it that you are going to stop doing this Lent so that you have more time to do good?  | 21 st February Help someone do something today. Do it with a smile!  |
| 22 nd February First Sunday of Lent Join Your Parish for Sunday Mass Pray Together  | 23 rd February Say a prayer before you leave home for School.  | 24 th February Decorate a small box or jar to put coins in to donate to charity.  | 25 th February Read a story from the Bible with an older member of your family.  | 26 th February Say a prayer with all the people in your home.  | 27 th February Get someone to help you bake something for someone special.  | 28 th February Bring what you have baked to that someone special.  |
| 1 st March Second Sunday of Lent Join Your Parish for Sunday Mass Pray Together  | 2 nd March Be kind and help someone in school today.  | 3 rd March Wrap-up and go for a walk with your family. Post it to them.  | 4 th March Write a short letter or card to someone you love. Post it to them.  | 5 th March Say a special prayer to Jesus for people who are sick.  | 6 th March Say HELLO to someone in your class at school you do not usually talk to.  | 7 th March Smell a garden flower. Thank God for all growing things.  |
| 8 th March Third Sunday of Lent Join Your Parish for Sunday Mass Pray Together  | 9 th March Surprise someone today with an act of kindness.  | 10 th March Help at home by doing the dishes or sweeping the floor. Do it with a smile.  | 11 th March Make and write an Easter Card for someone you love. Post it later.  | 12 th March Say a prayer asking God's forgiveness for a bad thing you said or did.  | 13 th March Be happy today and don't complain about anything!  | 14 th March Be Happy!  |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|---|
| 15 th March Fourth Sunday of Lent  Join Your Parish for Sunday Mass Pray Together | 16 th March St Patricks Day Clean up a mess or pick up rubbish WITHOUT BEING ASKED! | 17 th March Come to Mass Pray Together Celebrate & Enjoy | 18 th March Say a prayer today for your Parish Priest and all the people of your Parish. | 19 th March Open the family Bible and see what the first words of the First Book (Genesis) are about. | 20 th March Help at home today by cleaning your room or helping to wash the dishes. | 21 st March Make a phone call to someone you haven't seen or talked to for a long time. |
| 22 nd March Fifth Sunday of Lent  Join Your Parish for Sunday Mass Pray Together | 23 rd March Say a prayer today for children in other countries who are poor and hungry. | 24 th March Say Thank-You to your teacher today. | 25 th March Join hands with your family at the dinner table and say a prayer of thanks to God for your meal Together. | 26 th March With a smile ... Share something you have with someone else today. | 27 th March Try a little 'fasting' today. Don't eat sweets or biscuits and put a little of your pocket money into the coin box or jar. | 28 th March |
| 29 th March Palm Sunday Join Your Parish for Sunday Mass Pray Together | 30 th March Post the Easter Card you made a few weeks ago. | 31 st March Draw and colour in a picture of Jesus rising from the tomb. | 1 st April Go for a walk with an adult family member Pop into the church to light a candle together. | 2 nd April Holy Thursday The Day Jesus gave us the Gift of the Mass | 3 rd April Good Friday The Day Jesus died on the cross | 4 th April Holy Saturday The Day Jesus' body lay in the Tomb |
| | | | | | | |
| Easter Sunday The Day Jesus Rose from the Dead A HUGE DAY to CELEBRATE Join Your Parish for Sunday Mass Pray Together | | | | | | |
| | | | | | | |
|  Enjoy sharing an Easter Egg. HAPPY EASTER! | | | | | | |