

## Lectio Divina

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| ➤ Read and re-read, out loud and slowly the Gospel                       | ➤ Pray - Thanksgiving - Repentance - Petition |
| ➤ Meditate on reading as being spoken to you, an experience in your life | ➤ Action - Attitude (Call to change / to do)  |
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June 21st 2020 12th Sunday of Ordinary Time - Year A - Matthew 10:26 - 33

This Sunday's gospel is full of hope as Jesus tells us "Do not be afraid", "everything that is now covered will be uncovered and everything that is now hidden will be made clear" and "Every hair on your head has been counted." We really need to hear these words of Jesus today more than ever as they can bring great consolation, peace and joy to us who believe in them.

Who are the people who have helped you to hear and believe these words of Jesus?.

Prayer:

Lord we thank you for the Good News of the gospel and your message of hope

to all of us if we but listen and believe.

Forgive us for the times we may have covered up our wrong doings causing hurt and sorrow to others.

Lord help us to bring the life giving message of today's gospel to all especially those who may have no hope or joy in their lives.