

## Lectio Divina

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- Read and re-read, out loud and slowly the Gospel
  - Meditate on reading as being spoken to you, an experience in your life
  - Pray - Thanksgiving - Repentance - Petition
  - Action - Attitude (Call to change / to do)
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### December 1st 2019 1st Sunday of Advent - Year A - Matthew 24: 37 - 44

On this the first Sunday of Advent gospel we see Jesus calling for alertness and attention from his followers. He noted how the people in Noah's time were so caught up in their own concerns that they failed to notice the signs that were given to them. Jesus wants us to be vigilant because we do not know when the end of the world will come. If we live our lives in preparation for the coming of Jesus there will be less need for worry. He does not want us to be living our lives full of anxiety and worry. Are there times in our lives when Jesus was trying to give us a sign to help us but we were too busy to notice?

Prayer:

Lord we thank you for the people who "stay awake" with us even when we are foolish and stubborn and allowed us the space to see the error of our ways. Forgive us for the times that we misuse your authority passing judgement on who is fit to enter your kingdom instead of realising that only Jesus knows the true motives of anyone. Lord help us in our search for truth to stay awake never thinking we are secure. Let us not be too worried but always vigilant because you will show yourself at an hour we do not expect.

