

Lectio Divina

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| ➤ Read and re-read, out loud and slowly the Gospel | ➤ Pray - Thanksgiving - Repentance - Petition |
| ➤ Meditate on reading as being spoken to you, an experience in your life | ➤ Action - Attitude (Call to change / to do) |
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September 13th 2020 24th Sunday of Ordinary Time - Year A - Matthew 18:21 - 35

In this week's gospel Jesus surprised Peter by asking him to forgive seventy-seven times. Hurts and wrongs are part of human relations so each one of us may have to forgive many times in our lives and it is not always easy. Jesus is always there to help us if we trust and believe he understands our human condition. True forgiveness is from within. It is God-given, a matter of forgiving from the heart.

Who are the people whose ability to forgive has inspired us?

Prayer:

Thank you Lord for the people who by their example of forgiveness have shown us the peace & freedom it brings to us and our world. Forgive us Lord for the times we had negative thoughts and feelings towards those who hurt us. We prevented the freedom in mind, soul and body which true forgiveness brings.

Help us to realise it is not God who keeps us in bondage but ourselves when we do not forgive but act in a negative way towards those who hurt us. We very quickly become filled with negative thoughts.

