

Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving - Repentance - Petition
 - **Action** - Attitude (Call to change / to act / to do)
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May 4th 2014 3rd Sunday of Easter - Year A - Luke 24 : 13 - 35

In this week's gospel we see the two disciples walking along, trying to make sense of the events of Good Friday. Jesus meets up with them and is content to walk along silently with them. He invites them to tell their stories with many ups and downs and their great hopes dashed. The silence of Jesus enables him to experience their stress. He then talks with them teaching them that the teaching of the scriptures is not complete until it is experienced in their lives. As a result of their encounter with Jesus and the wisdom they gained they were able to return to their communities with a new heart.

When were the times in our lives when we felt like the disciples walking with our heads down and carrying a great deal of stress because many of our hopes and dreams had been dashed. Who were the people that stayed with us silently and allowed us to tell our stories and enabled us to return to our communities with a new heart.

Prayer:

Thank you Lord for the people who help us to get to know you through the scriptures and enable us to begin to understand your great love for us. We begin to experience our hearts burning within us with love for Jesus.

Forgive us for the times that we have no patience with people who are walking with their faces downwards and unable to make sense of their lives. We often put labels on them instead of giving them space to tell their stories as Jesus did.

Help us to build up communities of sharing and trust where people can experience your presence and live with peace and understanding of each other.

