

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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### May 10<sup>th</sup> 2020 5<sup>th</sup> Sunday of Easter – Year A **Gospel reading:** – John 14: 1 – 12

In this week's gospel we read of the very deep teaching of Jesus to his apostles at the Last Supper. He tells them "I am the Way, the Truth and the Life. No one can come to the Father except through me." We see Thomas struggling with the desire, which is in all of us to know exactly our destination before we set out. Jesus invites him and all of us to make an act of faith and take one step at a time. Philip wants to experience God directly and Jesus shows him that he is experiencing God all the time when he involves himself in His works.

Just as Jesus was facing a great crisis in His life and community we are now facing a crisis which is very difficult at times. What words of Jesus bring us consolation and hope at this time? "Do not let your hearts be troubled." "Trust in God still and trust in me".

#### **Prayer:**

**Thank you Lord** for those you sent to us who invited us to become involved in your works and to our surprise we found that you were working with us and we felt your presence among us.

**Forgive us Lord** for the times we let our hearts be filled with fears and anxieties instead of hearing your words "Trust in God still and trust in me."

**Lord help us** not to worry but to give ourselves to the present moment trusting in the Holy Spirit to help us on our journey through this life to you, especially in these difficult times.

