

February 12th 2023 6th Sunday of Ordinary Time Year A – Matthew 5:17 – 37

¹⁷Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. ¹⁸For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. ²¹You have heard that it was said to those of ancient times, “You shall not murder”; and “whoever murders shall be liable to judgement.” ²²But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, “You fool”, you will be liable to the hell of fire. ²³So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, ²⁴leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. ²⁵Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. ²⁶Truly I tell you, you will never get out until you have paid the last penny. ²⁷You have heard that it was said, “You shall not commit adultery.” ²⁸But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. ²⁹If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. ³⁰And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. ³¹It was also said, “Whoever divorces his wife, let him give her a certificate of divorce.” ³²But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. ³³Again, you have heard that it was said to those of ancient times, “You shall not swear falsely, but carry out the vows you have made to the Lord.” ³⁴But I say to you, Do not swear at all, either by heaven, for it is the throne of God, ³⁵or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. ³⁶And do not swear by your head, for you cannot make one hair white or black. ³⁷Let your word be “Yes, Yes” or “No, No”; anything more than this comes from the evil one.

<ul style="list-style-type: none"> ➤ Read and re-read – out loud and slowly the Gospel. ➤ Meditate - on reading as being spoken to you, an experience in your life 	<ul style="list-style-type: none"> ➤ Pray - Thanksgiving – Repentance – Petition ➤ Action – Attitude (Call to change / to act /to do
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In this week’s gospel we see how each one of us have the freedom to say "yes" or "no" to one another and to God. These little words can change the direction of our lives and the lives of many others. We see how saying "yes" to Our Lady in Lourdes by St. Bernadette enabled the wonderful place of Lourdes came to be where so many people find comfort and strength. Pope Francis by saying "yes" has brought joy and hope into our lives. We also see that forgiveness was a great part of the life of Jesus. By trying to forgive and understand one another as Jesus wants us to we can be a source of great goodness in our homes and communities. Is there a connection in our lives in what we do and what we say? Do we help each other to choose the way of peace and reconciliation so that we can all experience the gentleness and mercy of Jesus Christ?

Prayer:

Thank you Lord for the people in our lives who brought us to new belief and trust in you and your ways. This gave us new freedom and joy in our lives.

Forgive us Lord for the times we find it difficult to see the goodness in others especially those who have hurt us by their words or actions often taking away our peace of mind.

Lord help us to be reconciled with those people that we may experience with them the gentleness and mercy of your love.

