

Lectio Divina

- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Action** – Attitude (Call to change / to act / to do)
-

December 29th 2013 Sunday Feast of the Holy Family – Year A – Matthew 2 :13 – 15, 19 –23

In this week's gospel we see Joseph being inspired by an "Angel of The Lord" to "get up" at once and take "the child and his mother with him". They escaped into Egypt and stayed there until he was told. He then had another dream that he could now move back home to Israel. We do not hear much about Joseph in the gospels but without him Mary may not have survived her pregnancy. Joseph was completely obedient to God's word. He must have been scared at times especially when asked to move his family from one place to another.

When were the times that we made important maybe scary decisions with the help an guidance of Jesus in our lives.

Prayer:

We thank you Lord for St. Joseph and for all those in our lives who you have sent to guide us and walk our journey with us.

Lord forgive us for the times we did not listen to your voice because what you were asking of us was too difficult and we did not trust in your guidance as St. Joseph did.

Lord we often find ourselves in lost situations in our lives. Help us to be like St. Joseph and follow your way wherever you want to lead us.

