

Lectio Divina

- > Read and re-read, out loud and slowly the Gospel
 - > Meditate on reading as being spoken to you, an experience in your life
 - > Pray - Thanksgiving - Repentance - Petition
 - > Action - Attitude (Call to change / to act / to do)
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January 1st 2017 Sunday Feast of Mary Mother of God - Year A - Luke 2:16 - 21

Mary the Mother of God - what a great title bestowed on Mary as a young girl from Nazareth. She must have been scared with such a request. She did not rush around excited but at all times especially when Jesus was born "she treasured all these things and pondered them in her heart". She is a good example for us to take time and space to ask her to help us in our parenting of our children which is not an easy task with so much expected of them and us in an ever changing world.

What do we do when we find ourselves on a roller coaster ride as we watch our children grow up?

Prayer:

Lord we thank you for the wonderful gift of your Mother as our Mother also. She will take care of us and understand all our pain and anxieties as she suffered in her life time as your Mother.

Forgive us for the times we put unrealistic expectations on our children and often cause them great stress and anxiety.

Lord help us as parents to stay close to Mary who understands all our struggles and is there to put Her mantle around us and protect our families as we struggle often on our journey of life.



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