

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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**July 22<sup>nd</sup> 2012      16<sup>th</sup> Sunday Ordinary Time – Year B – Mark 6: 30 - 34**

In this week's gospel we see the disciples sharing their stories of how they got on in their ministry. Jesus invited them to go with him and rest for a while. They went on their boat to a lonely place to be by themselves but when the people heard this they all hurried to the place to be there before them. They were as sheep without a shepherd and Jesus took pity on them and began to teach them,

When were the times in our lives when we were like Jesus comforting and listening to the crowd? Are there times we are one of the crowd looking for leadership or maybe we are as the disciples because as we go to rest someone calls for our attention?

### **Prayer:**

**Lord we thank you** for the times that you sent someone like Jesus into our lives to remind us that we need to take time alone with you in order to have energy to do your work.

**Forgive us** for the times we ran away to a lonely place when there were people looking for our help. They were like sheep without a shepherd and we did not answer their cry.

**Help us** to be like Jesus and let ourselves be there for your people to teach them of your wishes for them even when we would prefer not to be in that place but somewhere we could be alone.

