

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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**July 29<sup>th</sup> 2012      17<sup>th</sup> Sunday Ordinary Time – Year B – John 6: 1 - 15**

In this week's gospel we see Jesus sitting on the hillside on the other side of the lake with his disciples. He is relaxed and lets the people come to him of their own accord. We also have the feeding of the 5,000. Then he told them to pick up the scraps which filled 12 baskets. We also see the confrontation between Jesus and the people.

Do we realise in our busy and often hectic lives that Jesus is waiting patiently for each one of us to sit and relax with him for a while in our daily lives?

### **Prayer:**

**Lord we thank you** for the times that we relaxed with you and we received a great moment of grace which helped us to move out of our wilderness.

**Forgive us** for the times that we wasted good food and water, instead of as you said picked up the pieces so that there would be enough for the whole world.

**Help us** to develop our inner life so that like Jesus we will know when to leave people to make their own decisions in the light of your teaching. Help us not to let ourselves go into negative places where our sense of being with you can be destroyed.

