

Lectio Divina

- > **Read and re-read**, out loud and slowly the Gospel
 - > **Meditate** on reading as being spoken to you, an experience in your life
 - > **Pray** - Thanksgiving - Repentance - Petition
 - > **Action** - Attitude (Call to change / to act / to do)
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July 29th 2018 17th Sunday of Ordinary Time - Year B - John 6:1 - 15

Today we see Jesus taking up his position on the other side of the sea, sitting on the hillside with his disciples. He lets the people come to him of their own accord. They followed him because they were 'impressed with the signs he gave by curing the sick and the miracle he worked feeding the 5,000.' These signs invite us to reflect in faith on how through Jesus, God reveals his abundant love for his people ourselves included. In communion with Jesus, the Bread of Life, the deepest hungers of our hearts are satisfied.

Have you found that having a grateful heart for what you have been given has made it easier for you to share with others?

Prayer:

Thank you Lord for leading us to a deeper relationship with you. You showed us by your curing of the sick and many other signs that you are someone we can place our trust in. This trust brings great hope and joy to our hearts.

Forgive us for the times we close our minds to the signs that we are given each week in the gospel that shows us that in Jesus God reveals his abundant love for us all.

Help us Lord to know that Jesus who satisfied the deep hunger in people is someone we can place our trust in. Let us remember our small gestures and gifts can do amazing things just like the small boy with the five barley loaves and two fish.

