

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
- **Meditate** on reading as being spoken to you, an experience in your life
- **Pray** - Thanksgiving - Repentance - Petition
- **Action** - Attitude (Call to change / to act / to do)

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### **December 3rd 2017 1st Sunday of Advent - Year B - Mark 13: 33 - 37**

In this week's gospel Jesus is asking us to stay awake and always have hope because we never know when we will receive grace filled moments.

Are there times in our lives when we fall asleep and loose hope. It is good to know Jesus is there for us and can fully understand our state of mind. To hear His words of comfort we must stay awake and wait in the belief that He hears our call.

#### **Prayer:**

**Lord thank you** for the people who have always been there for us when others sleep.

**Forgive us** for giving up too quickly and stop believing in you because we are impatient.

**Help us all not** to despair but to stay awake believing that you are only waiting to hear our call.

