

Lectio Divina

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| > Read and re-read , out loud and slowly
the Gospel | > Pray - Thanksgiving - Repentance -
Petition |
| > Meditate on reading as being spoken to
you, an experience in your life | > Action - Attitude (Call to change / to
act / to do) |
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August 23rd 2015 21st Sunday of Ordinary Time - Year B - John 6: 60 - 69

In today's gospel we again see the inner freedom of Jesus as he knows he is in his Father's hands and no one can come to him 'unless the Father allows it'. Already we saw him sitting on the hillside allowing people to come to him of their own free will. Today he gives each group their own space, those who reject him as well as the twelve - including the one who was to betray him. We are all invited to re-commit ourselves to lives of faith in God. Our God constantly brings us into relationship with him and when we fail he gives us the graces and helps necessary to return to him and begin again. It was by his actions they were drawn to him as well as his many words of wisdom. Like his followers we sometimes find it hard to follow Him. Who are the people who helped us overcome our resistance to follow Him?

Prayer:

Lord we thank you for the people who by their Christ like actions encourage us to follow you even in times of difficulty because as you said you are the Way that leads to eternal life.

Forgive us for the times we let our doubts and lack of faith prevent us from following Jesus who is always waiting on us to call on him for help.

Help us never to become bitter or give up our values but to realise God is always there to help us try again.

