

Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Action** – Attitude (Call to change / to act / to do)
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September 30th 2012 26th Sunday Ordinary Time – Year B – Mark 9:38 – 38-43, 45, 47-48

In this week's gospel Jesus is saying that in order to "enter into life" we must from time to time make painful choices to change our ways or attitudes. Because Jesus is not ego-centred, He can give himself totally to the cause of the "little ones" and is very happy with those who give "even a cup of water in His name". On the other hand those who are an obstacle to the growing in Faith of the "little ones", "should be thrown into the sea with a stone round their neck". What are the "obstacles" preventing us from reaching our full potential as children of God?

Prayer:

Thank you Lord for the Jesus people who help us to deal the "obstacles" which prevent us from reaching our true potential as your children and become free spirits able to help your "little ones" in a Jesus like way.

Lord forgive us if we put any obstacle in the way of people searching for the truth which you have given to us all.

Help us to remember that the poor do not need long speeches or grand gestures but the experience that they belong to you and are entitled to our love and compassion.

