

Lectio Divina

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| ➤ Read and re-read , out loud and slowly
the Gospel | ➤ Pray - Thanksgiving - Repentance -
Petition |
| ➤ Meditate on reading as being spoken to
you, an experience in your life | ➤ Action - Attitude (Call to change / to
act / to do) |
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April 19th 2015 3rd Sunday of Easter - Year B - Luke 24: 35 - 48

In this week's gospel Jesus interrupts the conversation of his disciples by appearing to them. He tells them that they can be at peace with themselves, one another and God. They are scared and frightened. Jesus shows them his wounds and they soon realise it is really Jesus and they are filled with joy. Jesus then takes time to explain the scriptures to them before charging them to be his witnesses in the world.

Have we the courage to show our own healed wounds in order to become a source of healing and health to others?

Prayer:

Lord we thank you for the resurrection experience of the disciples which gave them great possibilities for the future when it seemed all hope had gone. Forgive us for the times we think we can heal others with no reference to their own experience. As a result we call others to love but do not communicate love. Help us to open peoples minds to understand the scriptures and the effect will transform the whole world.

