

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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**April 22<sup>nd</sup> 2012**      **3<sup>rd</sup> Sunday of Easter – Year B – Luke 24:35-48**

In this week's gospel we see Jesus again greeting his disciples "Peace be with you" telling them they can be at peace with themselves, one another and God. They are in a state of "alarm and fright" but he speaks to them with patience and compassion. He opened their minds to understand the scriptures and tells them they are to go out and preach it.

As we hear and come to know Jesus through the scriptures do we try to go out and proclaim His words to all as he has asked us to do like his disciples.

### **Prayer:**

Lord we thank you for the people in our lives who have stood by us in our "alarm and fright" and through their compassion and belief in us we were healed.

Forgive us for the times we call on others to repent but do not ourselves communicate forgiveness.

Help us to bring the compassion and message of hope in the gospels to all the people who are crying out for this in their lives.

