



**March 17<sup>th</sup> 2024 5<sup>th</sup> Sunday in Lent – Year B – John 12:20 – 30**

<sup>12-20</sup> Now among those who went up to worship at the festival were some Greeks. <sup>21</sup>They came to Philip, who was from Bethsaida in Galilee, and said to him, ‘Sir, we wish to see Jesus.’ <sup>22</sup>Philip went and told Andrew; then Andrew and Philip went and told Jesus. <sup>23</sup>Jesus answered them, ‘The hour has come for the Son of Man to be glorified. <sup>24</sup>Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. <sup>25</sup>Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. <sup>26</sup>Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

<sup>27</sup> ‘Now my soul is troubled. And what should I say—“Father, save me from this hour”? No, it is for this reason that I have come to this hour. <sup>28</sup>Father, glorify your name.’ Then a voice came from heaven, ‘I have glorified it, and I will glorify it again.’ <sup>29</sup>The crowd standing there heard it and said that it was thunder. Others said, ‘An angel has spoken to him.’ <sup>30</sup>Jesus answered, ‘This voice has come for your sake, not for mine.’

<ul style="list-style-type: none"> <li>➤ <b>Read and re-read</b> – out loud and slowly the Gospel.</li> <li>➤ <b>Meditate</b> - on reading as being spoken to you, an experience in your life.</li> </ul>	<ul style="list-style-type: none"> <li>➤ <b>Pray</b> - Thanksgiving – Repentance – Petition.</li> <li>➤ <b>Action</b> – Attitude (Call to change / to act /to do).</li> </ul>
---	---

**March 17<sup>th</sup> 2024 5<sup>th</sup> Sunday in Lent – Year B – John 12:20 – 30**

In this week’s gospel we see Jesus fully conscious of the "hour" which is about to come and which is like the kind of crisis moments that occurs to us all once or twice in a lifetime. We see also Jesus making the journey of faith in His Father. We are invited to accompany Him on his sacred journey which is at times very painful where He is heard to cry out to His Father for help "save me from this hour". His final petition to his Father is "Your will be done".

In our times of crisis do we give up hope or blame others and sometimes feel isolated. Let us remember that the Father is waiting graciously to hear our plea for help also.

**Prayer:**

**Thank you Lord** for those who help us to remember that Your Father in heaven is also there for us and is only waiting graciously to hear our plea for help in times of sadness and frustration. .

**Forgive us Lord** for the times we did not take risks for you and thus missed the opportunity to inform others of the Good news of your life, death and resurrection .

**Lord help us** to always realise that your Father is with us and understands our sadness and difficulties and will help us if we but call on Him as you did. .