

Lectio Divina

- **Read and re-read**, out loud and slowly the Gospel
- **Meditate** on reading as being spoken to you, an experience in your life
- **Pray** - Thanksgiving – Repentance – Petition
- **Action** – Attitude (Call to change / to act / to do)

February 19th 2012 7th Sunday Ordinary Time – Year B – Mark 2:1-12

In this week's gospel we see the wonderful life giving story of the healing of the paralytic. When Jesus saw the faith of his friends who brought him on a stretcher through the roof he cured him "My child your sins are forgiven". Jesus also read the thoughts of the scribes who were wondering "How can this man talk like this? He is blaspheming. Who can forgive sins but God alone.

We are often carried by friends – people of faith who "lower us from the roof" to the presence of the healer. Who are these people that empowered us when we felt helpless? Do we go that extra mile to help those in need to come to Jesus for his healing grace?

Prayer:

Lord we thank you for the people who because of their faith in the healing power of Jesus we have been healed.

Forgive us for the times we remain locked in the past doubting the fact that you can heal us and help us to move forward bringing others to you to be healed with faith and trust.

Lord we ask you to help those who feel helpless because they cannot forgive the sins of the past to come to an understanding of the great freedom awaiting them if they put their trust and faith in you.