

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
- **Meditate** on reading as being spoken to you, an experience in your life
- **Pray** - Thanksgiving – Repentance – Petition
- **Action** – Attitude (Call to change / to act / to do)

### December 25<sup>th</sup> 2011 Christmas Day – Year B – Luke 2:1-20

Today's gospel is the wonderful story of the Birth of Jesus among ordinary people. The first people to hear of the birth were the shepherds in the fields minding their sheep. As the angel appeared to them they were terrified but the angel told them "Do not be afraid, I bring you news of great joy, a joy to be shared by all the people". Do we stay still long enough to really hear these special words spoken in today's gospel "Do not be afraid, listen I bring you news of great joy, a joy to be shared by the whole people."

#### Prayer:

Help us Lord to remember Mary was always ready and willing to do your will and as a result gave birth to Jesus. We ask her to help us to be patient and be more willing to listen with open hearts to the words of her Son.

Forgive us for the times we were too busy to see in every event of our lives a call to grow in wisdom and for the times we missed your word spoken to us in the scripture.

We thank you Lord for all those people who spend their lives in quiet contemplation praying for all the needs of the people of the world.