

Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Action** – Attitude (Call to change / to act / to do)
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April 8th 2012 Easter Sunday – Year B – John 20:1-10

In today's gospel we read John's account of the resurrection. It was still dark when Mary of Magdala reached the tomb and saw that the stone had been removed. She ran to Simon Peter and the other disciple, the one Jesus loved and told them. They ran together to the tomb and found it empty. Did Mary run in confusion or in fear? It was the great moment where they began to understand the teaching of scripture, that he must rise from the dead.

Prayer:

Lord we thank you for the wonderful teachings in the scripture especially for giving us your life, death and resurrection so that we could be saved and have peace and love in our lives.

Forgive us for the times we failed to believe and doubt your promises of your resurrection which often left us in darkness and confusion in our lives.

Help us to remove the stone that sometimes blocks our heart from loving and caring for people. We ask this especially if we are holding on to anger or hurt from the past.

