

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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May 20<sup>th</sup> 2012

Sunday Feast of Ascension – Year B – Mark 16:14a, 15-20

In this week's gospel Jesus tells us to go out to the whole world and proclaim the Good News to all creation. We are reminded that these words were spoken by Jesus himself to some disciples who were facing a difficult time. They felt very disorganised and lost; here now was Jesus standing before them and giving them a way to go forward. He continues to do this for us today through different messengers.

Who are the messengers that Jesus sent into our lives especially when we were disorganised and lost?

### Prayer:

Lord we thank you for true believers who speak in words which convey that gifts like selflessness can bring help for all.

Forgive us for setting limits to your love. Remind us that the Good News you revealed to us is to be proclaimed to all creation

Help us to proclaim the Good News to all and to understand that being disciples means taking risks at times but you have promised us that you will be with us always.

