

Lectio Divina

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| > Read and re-read, out loud and slowly the Gospel | > Pray - Thanksgiving - Repentance - Petition |
| > Meditate on reading as being spoken to you, an experience in your life | > Action - Attitude (Call to change / to do) |
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May 31st 2015 Sunday Feast of Trinity - Year B - Matthew 28 :16 - 20

In this week's Gospel it is time for Jesus to return to his Father. He meets His disciples for the last time. His final words give them direction for their future. We hear that some of those gathered doubted even in the presence of the Risen Lord. Jesus offers us the assurance that he is with us always even when doubt clouds our vision.

Were there times in your life when as parent, teacher or friend you sent someone on their way in life knowing you would not be with them as in the past? How did the way you parted help them to make their own way in life?

Prayer:

Thank you Lord for the various ways you reveal yourself to us. You sent us great companions who do not talk down to us and help us to gain more confidence and belief in ourselves.

Forgive us as people in authority we often cling on to those in our charge instead of letting them go with your care and guidance.

Help those who are feeling discouraged and down at the moment. Remind them that you are with them always, even to the end of this time.

