

Lectio Divina

- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Action** – Attitude (Call to change / to act / to do)
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July 7th 2013 14th Sunday of Ordinary Time – Year C – Luke 10 : 1-12, 17-20

In this week's gospel we see Jesus sending out the 72 to go ahead and prepare for his visit. He sends them out in pairs realising that it is good to have company on your journey. He gives them instructions that will make their job easier. He says we must approach others not as objects of pity, but in admiration, aware of how much we can often learn from them. He tells us not to put ourselves above others as we are all equal in his eyes. They were sent out as lambs among wolves and they were not to salute anyone on the road. He says if our relationships are to be life giving we must first be free in ourselves. Knowing that if our peace is rejected it will "come back to us" saves us from feeling we have failed in our efforts altogether.

Do we let rejection by others weigh us down draining our energy and preventing us making a new start? Do we as Jesus suggests "wipe the dust off your feet and leave that place" bringing your peace with you.

Prayer:

Thank you Lord for the people you sent to us with an openness who did not try to bring us their point of view, insisting their way was the only one. Like Jesus they were humble and trusting like lambs among wolves and this enabled us to listen to their message with open minds and hearts.

Forgive us for the times that we spent regretting the fact that we were often rejected and hurt which left us with no energy and prevented us from moving on to a new life of peace and good will.

Help us not to treat people we are sent to help as objects of pity, but as people to be admired from whom we can often learn so much.

