

Lectio Divina

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| > Read and re-read, out loud and slowly the Gospel | > Pray - Thanksgiving - Repentance - Petition |
| > Meditate on reading as being spoken to you, an experience in your life | > Action - Attitude (Call to change / to do) |
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July 14th 2019 15th Sunday of Ordinary Time - Year C - Luke 10: 25 - 37

In this gospel Jesus calls on us to be loving and compassionate people. We all know this in our head and heart but how good are we at putting this into practice? In the media every day we are brought face to face with great suffering, poverty and hunger which is so vast it can cause us to feel helpless and hopeless. We are not called on to be super human, but to simply use and discover the gifts we have that can help others to live their lives.

What are the things that prevent us from being a good neighbour at all times? What are the thoughts and feelings that prevent us from acting as the Good Samaritan?

Prayer:

Thank you Lord for the people you sent our way when we felt half dead and unable to continue. They restored our energy and gave us new life with their gift of time and compassion like you requested us to do.

Forgive us for the times we remained wrapped up in our own concerns instead of reaching out to those who were lonely or needed a little help in their lives.

Help us not to be caught up in the many minor concerns as a Christian Community but reach out to those who have fallen on the road when their worries and hurts got too heavy for them to carry.

