

Lectio Divina

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| > Read and re-read , out loud and slowly
the Gospel | > Pray - Thanksgiving - Repentance -
Petition |
| > Meditate on reading as being spoken to
you, an experience in your life | > Action - Attitude (Call to change / to
act / to do) |
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January 24th 2016 3rd Sunday of Ordinary Time - Year C - Luke 1: 1-4, 4: 14-21

In this week's gospel we have the story of how Jesus read the Bible and how he wants us to read and teach it. We see that by meditating on the Bible we can experience the life of Jesus and we can trust and believe that Jesus totally understands our pain and sorrows because he has experienced all of them. The bible can bring liberation to captives - culturally, spiritually and psychologically. As he read from Isaiah `This text is being fulfilled today even as you listen` it is being fulfilled in our lives today as we listen to His word

How has the message of Jesus been good news for you. Given you new freedom and a you a new sight or revealed Gods favour to you?

Prayer:

Thank you Lord for your 'Words' to each one of us. You speak these words with such love and mercy that they are good for us to hear. You know that we need your help and guidance as we travel our journey of life in your name.

Forgive us for the times that we lost opportunities to bring 'The Good news' to the poor and to proclaim 'liberty to captives' and bring 'the blind new sight.

Help us Lord to bring your 'Good News' to the lonely and those who feel a sense of isolation which is a great suffering in our world today. Help us to let them know that you are with them and understand their feelings as you have experienced these feelings in your life.

