

Lectio Divina

- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Action** – Attitude (Call to change / to act / to do)
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February 3rd 2013 4th Sunday of Ordinary Time – Year C – Luke 4:21-30

In this week's gospel we see people being astonished at the gracious words that came from the lips of Jesus. They said "this is Joseph's son surely? What right has he to be teaching us? He replied to them "no doubt you will quote me the saying "Physician, heal yourself" and tell me we have heard all that happened in Capernaum, do the same in your own countryside." He said to them "no prophet is ever accepted in his own country." Jesus invited them and us today to stop hiding behind our false identity and come to the truth of ourselves"

Are there times in our lives when we feel that just because we belong to a certain group we are "the chosen people".

Prayer:

Thank you Lord for the times you sent people into our lives to show us that we have no right to look down on people just because they do not belong to our group or have not got our beliefs.

Forgive us for the times we may have got angry when a painful truth about ourselves was brought to our attention not realising that this sometimes can be a great moment of freedom and grace.

Help us through our reading and meditating on the bible to experience the truth of Jesus which is being fulfilled even as we read and hear the word today. May we eventually find life from the gracious words that come from the lips of Jesus.

