

May 22nd 2022 6th Sunday of Easter – Year C – John 14: 23-29

²³Jesus answered him, “Those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them. ²⁴Whoever does not love me does not keep my words; and the word that you hear is not mine, but is from the Father who sent me. ²⁵“I have said these things to you while I am still with you. ²⁶But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. ²⁷Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.

²⁸You heard me say to you, ‘I am going away, and I am coming to you.’ If you loved me, you would rejoice that I am going to the Father, because the Father is greater than I. ²⁹And now I have told you this before it occurs, so that when it does occur, you may believe.

<ul style="list-style-type: none"> ➤ Read and re-read – out loud and slowly the Gospel. ➤ Meditate - on reading as being spoken to you, an experience in your life 	<ul style="list-style-type: none"> ➤ Pray - Thanksgiving – Repentance – Petition ➤ Action – Attitude (Call to change / to act /to do)
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In this week’s gospel Jesus tells us "Do not let your hearts be troubled or afraid". He also gives us His own peace a peace the world cannot give. This is His gift to us all. When we have a relationship with Jesus it is even possible to have this peace in difficult times in our lives. Jesus gave this peace to his disciples’ at the most difficult time in His life. If we have belief and trust in Jesus we have a peace that no person or event can destroy .

Who are the people in your life who have brought this peace into your life through their belief and trust in Jesus?

Prayer:

Lord thank you for the people who walk with us in darkness and are the instruments through which the peace of Jesus comes into our lives.

Forgive us Lord for the times we did not trust in Jesus and let ourselves be taken over with fear and worries thus blocking the peace that Jesus promised us flow through our veins.

Help us Lord to be peacemakers in the name of Jesus. Let us have peace in mind soul and body in order to bring this peace to each person we come in contact with. If each one of us could bring this peace to one other person the world would be a much better place.

