

Lectio Divina

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| > Read and re-read, out loud and slowly the Gospel | > Pray - Thanksgiving - Repentance - Petition |
| > Meditate on reading as being spoken to you, an experience in your life | > Action - Attitude (Call to change / to act / to do) |
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February 24th 2019 7th Sunday of Ordinary Time - Year C - Luke 6:21 - 38

In this weeks gospel Jesus tells us that people who are generous in spirit are able to go beyond the injustices they suffer. We are called to be compassionate and not to judge or condemn people which is not always easy. When we try to imitate Jesus we often get a glimpse of the divine spark within each one of us. This enables us to bring experiences of God to those around us.

How can we bring the love and compassion of Jesus to our very troubled world?

Prayer:

Lord forgive us for the times we were judgemental and left people feeling full of fear because of our attitude of being in control and better then them.

Thank you for all the people who look us in the eye and let us know that there is much more to us all than our bad deeds, we are all sons and daughters of God.

Help us Lord to follow the example of Jesus and show compassion to all we meet especially those in difficulty and need to be understood.

