

April 17th 2022 Easter Sunday – Year C – John 20:1-9

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. ²So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid him.” ³Then Peter and the other disciple set out and went toward the tomb. ⁴The two were running together, but the other disciple outran Peter and reached the tomb first. ⁵He bent down to look in and saw the linen wrappings lying there, but he did not go in. ⁶Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, ⁷and the cloth that had been on Jesus’ head, not lying with the linen wrappings but rolled up in a place by itself. ⁸Then the other disciple, who reached the tomb first, also went in, and he saw and believed; ⁹for as yet they did not understand the scripture, that he must rise from the dead.

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| <ul style="list-style-type: none"> ➤ Read and re-read – out loud and slowly the Gospel. ➤ Meditate - on reading as being spoken to you, an experience in your life | <ul style="list-style-type: none"> ➤ Pray - Thanksgiving – Repentance – Petition ➤ Action – Attitude (Call to change / to act /to do) |
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In this week’s gospel we read of the experience of Mary of Magdela and the two disciples when they discovered the “stone had been moved from the tomb” and the tomb was empty. On seeing the empty tomb they began to understand the teaching of scripture.

What is it in our life that is the stone which blocks the entry of Gods grace into our hearts? Who are the people who have helped us to move this stone enabling us to travel our journey of life in the confidence and belief that Jesus accompanies us with every step?

Prayer:

Lord thank you for the people of Faith in our lives who have helped us to understand the scriptures and find the hope and life from the words therein.

Forgive us Lord for the times we did not believe your promise of setting us free when the stone of anger or stress in life blocked our minds to the new life through your resurrection.

Help us Lord to turn to the values of Jesus in moments of need and desire for peace in our world and like the apostles we may discover with awe that these values can command the winds and the seas.

