

## Lectio Divina

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- **Read and re-read**, out loud and slowly the Gospel
  - **Meditate** on reading as being spoken to you, an experience in your life
  - **Pray** - Thanksgiving – Repentance – Petition
  - **Action** – Attitude (Call to change / to act / to do)
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May 12<sup>th</sup> 2013

**Sunday Feast of the Ascension of the Lord – Year C – Luke 24 : 46 - 53**

In this week's gospel we read of the essential stage in the relationship of Jesus with his followers. He has walked with them in their moments of strength and weakness and now he is leaving them. They have witnessed that in his name repentance for the forgiveness of sin would be preached to all nations, beginning from Jerusalem. He told them to stay in the city until as the Father promised they would be clothed with the power from on high.

Are there times in our lives when all that we loved doing or believed in was taken away from us and we felt lost and rejected? Then as Jesus promised when we put our trust in him a new direction is given to us and we are led to the next stage of our lives with new energy and life.

### **Prayer:**

**Thank you** Lord for the people who help us when we feel useless or rejected. They bring us new belief in ourselves by inviting us to a new challenge which we never thought was possible.

**Forgive us** for the times we became impatient waiting for the grace to see where our life is going and did not take your advise to wait for the moment when we would be clothed with the power from on high as your Father promised.

**Help us** to bring your hope to those who are tired waiting for your grace by sharing with them our witness to your helping us on our journey.

