

August 14th 2022 Sunday Feast of Assumption – Year C – Luke 1:39 – 56

³⁹In those days Mary set out and went with haste to a Judean town in the hill country, ⁴⁰where she entered the house of Zechariah and greeted Elizabeth. ⁴¹When Elizabeth heard Mary’s greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit ⁴²and exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb. ⁴³And why has this happened to me, that the mother of my Lord comes to me? ⁴⁴For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. ⁴⁵And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.” ⁴⁶And Mary said, “My soul magnifies the Lord, ⁴⁷and my spirit rejoices in God my Savior, ⁴⁸for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; ⁴⁹for the Mighty One has done great things for me, and holy is his name. ⁵⁰His mercy is for those who fear him from generation to generation. ⁵¹He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. ⁵²He has brought down the powerful from their thrones, and lifted up the lowly; ⁵³he has filled the hungry with good things, and sent the rich away empty. ⁵⁴He has helped his servant Israel, in remembrance of his mercy, ⁵⁵according to the promise he made to our ancestors, to Abraham and to his descendants forever.” ⁵⁶And Mary remained with her about three months and then returned to her home.

<ul style="list-style-type: none"> ➤ Read and re-read – out loud and slowly the Gospel. ➤ Meditate - on reading as being spoken to you, an experience in your life 	<ul style="list-style-type: none"> ➤ Pray - Thanksgiving – Repentance – Petition ➤ Action – Attitude (Call to change / to act /to do)
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This week’s gospel is in two sections – The Visitation and The Magnificat. The Magnificat is Mary’s special prayer and is primarily a prayer of thanksgiving. It enables us to ask ourselves in what way has God looked upon us and our families?

What are the great things He has done for us?

Prayer:

Lord thank you for all those today who proclaim your greatness and spread the *Good News of Your Word*.

Forgive us Lord for the times we feel discouraged or disappointed by someone. We then remember you send us people like Elizabeth who look upon us with love and respect.

Help us Lord to keep alive the dream of Your kingdom as Mary saw it - a world where all are treated equally and the lowly are lifted up.

