

## Lectio Divina

- 
- |  |   |
|--|---|
| ➤ <b>Read and re-read</b> , out loud and slowly<br>the Gospel                      | ➤ <b>Pray</b> - Thanksgiving - Repentance -<br>Petition         |
| ➤ <b>Meditate</b> on reading as being spoken to<br>you, an experience in your life | ➤ <b>Action</b> - Attitude (Call to change / to<br>act / to do) |
- 

### January 10<sup>th</sup> 2016 Sunday Feast of Baptism of the Lord - Year C - Luke 3:15-16, 21-22

In this week's gospel we read that Jesus was at prayer after his baptism when the heaven opened and the Holy Spirit descended like a dove. When Jesus approached John for Baptism John was uneasy. He protested but Jesus wanted to show how important the action was and his baptism was his call to Public Ministry. It often happens that a call to do Gods work is proceeded by a deep experience of God through meditation or prayer. Our Baptism is a sign of us being the children of God and are the unique work of His hands.

This experience of Jesus occurred when he was at prayer. What part has prayer played in your life helping you to realise the part God is playing in your life?

#### Prayer:

Thank you Lord for the deep prayer experiences in our lives when we felt at one. With Jesus. The Holy Spirit descended on us and we felt his gentle presence which has often enabled us to come out of our darkness.

Forgive us for the times we tend to feel a sense of superiority in the presence of people with a different race, colour, creed or view than ours.

Help us to have respect for all people who are the children of God who he has created and loves very much and His favour rests on them.

